

"Rachel's aerial classes have been more amazing than I even imagined. I've found more strength in myself than I knew I possessed, and after only a few weeks, I was building new muscle strength rapidly. My first free-fall was ridiculously exhilarating, and I just can't stop telling people that they HAVE to sign up for classes. I've even gotten coworkers to join me!

This is better than any gym membership I've ever had; the strength and flexibility I get each week is more fun and more effective than any ground-based work I've done - and I just may be able to do the splits for the first time in my life before I'm done!!!

You HAVE to sign up for classes. (See? I just can't stop)."

-Amanda (Voler Aerial Academy Student)